Dear Parents,

“Fortunately I live in a city where the spiritual does not count for much.” These were the words I heard in a TV program I was watching recently. Unfortunately it is becoming increasingly the case where any reference to the spiritual is pushed aside. Many in governments, the media and the vocal minority spruik about the need for a secular society, where religion and values are not emphasised or encouraged. I must admit to being increasingly disillusioned with such an approach because it speaks more of complacency and working to the lowest common denominator, something I believe we will live to regret in the years ahead.

Last year we had 31 of our students choose to participate in our Sacramental Program here at the College. Quite a counter-cultural step when you consider the sentiments expressed early in this editorial. I feel their decision to strengthen their commitment to the Catholic faith is something we should both celebrate and encourage. It is also an affirmation of the faith community we enjoy here at Saints. What a wonderful gift this is for our students, staff and parents.

In his book *The Enduring Heart* Wilkie Au presents a guiding message that helps to counter those wishing to see less of the spiritual in society. He speaks about the presence of God being intertwined in all that we encounter. Maybe this is the attitude we need to reflect upon as we counter the negativity that sometimes challenges the traditional Christian values we have grown up with.

When we view ordinary life with the eyes of faith, every bush can become a burning bush revealing God’s presence. Mystics and poets throughout the ages remind us that our world is drenched in divinity. Poet Elizabeth Barrett Browning, for example, exclaims:

> Earth’s crammed with heaven  
> And every common bush afire with God;  
> But only he who sees takes off his shoes;  
> The rest sit round it and pluck blackberries.

Another poet, Gerard Manley Hopkins, proclaims God’s pervasive presence in our universe as a radiance:

> The world is charged with the grandeur of God.  
> It will flame out, like shining from shook foil.

And Pierre Teilhard de Chardin, a mystic and palaeontologist, reminds us that we live in a “divine Milieu”. Hopkins and Chardin, both Jesuits, are simply portraying the Ignatian perception of reality as bathed in God's radiant light. This Ignatian belief is at the core of Jesuit spiritual teaching. For example, there was once an extremely bright high school student who attended a Jesuit college preparatory school. This young individual often baffled adults with quick replies. One day, during a school academic evaluation by an accrediting team, a visitor said to him, “Young man, if you can tell me where God can be found, I’ll give you a dollar.” Without blinking an eye, the student responded: “And I’ll give you two dollars, if you can tell me where God cannot be found.”

Insisting on God’s presence in all things, Ignatius once denied permission to a group of young Jesuit students who asked to prolong their morning meditation. Finding God in all things instead of spending lengthy time in prayer, Ignatius responded, was to be their way to God. “They should strive to seek the presence of God our Lord in all things – for instance, in association with others, in walking, looking, tasting, hearing, thinking; indeed, in all that they do. It is certain that the majesty of God is in all things by God’s presence, activity and essence.” Reflecting his Ignatian roots, Teilhard de Chardin once prayed, “Let us leave the surface and without leaving the world, plunge into God.” Teilhard touched so many with his message, suggested a friend, because he knew how to make again of the universe a temple. His deep faith in the abiding presence of God allowed him to pray, “Lord, grant that I may see, that I may see You, that I may see and feel You present in all things and animating all things.”

May we all take a little time in the week ahead to reflect on the gifts bestowed on us on a daily basis.

Br Bll Sullivan FMS
SPECIAL ACHIEVEMENTS

Congratulations to all these boys on their Special Achievements. Well done!

Noah Kressevic
Year 8
New College Record in 13 Years 100m Freestyle 1.04.01

Daniel Esposito
Year 11
New College Record in 16 Years 50m Butterfly 27.65 sec

Adam Vanderzant
Year 12
New College Record in Open 50m Breaststroke 30.29 sec

Samuel Conti
Year 8 - Member of the U14 Stingers Basketball team who were undefeated at the recent Townsville Carnival

Lachlan Jennings
Year 8 - Member of the U14 Stingers Basketball team who were undefeated at the recent Townsville Carnival

William Treston
Year 8 - Member of the U14 Stingers Basketball team who were undefeated at the recent Townsville Carnival

14 Years Age Champions: Nicholas Sibree (3rd), Hudson Anu (1st) and Lachlan Jackson (2nd)

15 Years Age Champions: Lachlan McKinstry (3rd), Max Fijfield (1st) and Zygi Holmes (2nd)

16 Years Age Champions: Jordan Bromley (3rd), Daniel Esposito (1st) and Jonah Glasson (2nd)

13 Years Age Champions: Jack McMenamin (2nd), Lachlan Paterson (2nd), Noah Kressevic (1st) and Dylan Anderson (3rd)

Open Age Champions: Mason Baty (2nd), Cailan Byrnes (3rd), Adam VanderZant (1st) and Andrew Stott (3rd)

Please direct special achievements to Br Bill for both in and out of school activities for your son.
Meet & Greet, Friday 17th February

Our first Meet & Greet evening is on this week in Lennon hall, commencing at 5.30pm through to 7.30pm. The night will be a very relaxed format allowing parents and staff to mingle and get to know each other. Light snacks and beverages are included in the $10 per person ticket price. There will be a minimum of formality on the night so please consider coming along.

Parents in Touch, Wednesday 22nd February

Our first parent information night is to be held at 7.30pm in Lennon Hall. Dr Arne Rubinstein is our guest presenter. A flyer was sent home last week detailing the focus for the night. Parents and friends are invited and encouraged to come along. Our focus for the night is around rites of passage for adolescent boys and girls. I know this will be an engaging night and most helpful to parents.

Tickets can be purchased from the front office. Please consider coming along for this special night.

In Term 2 renowned boys’ education writer Michael Grose will be our guest on Wednesday 30 May, while in Term 3 Celia Lashlie will be doing a return visit based on her book He’ll be OK on Wednesday 15 August.

Three informative evenings to support our parent community. Please reserve these dates in your diary.

Northern Bus Run

There has been a much greater take-up in 2012 which should see this ensure the viability of this service. Term, weekly and individual tickets are available from the front office. A timetable can also be collected from the front office.

Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 17th March</td>
<td>Meet &amp; Greet Evening 5.30pm</td>
</tr>
<tr>
<td>Wednesday 22nd Feb</td>
<td>Ash Wednesday Liturgy 10.20am</td>
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<tr>
<td>Wednesday 22nd Feb</td>
<td>Parents in Touch night 7.30pm</td>
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<td></td>
<td>Guest Speaker - Dr Arne Rubinstein</td>
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<tr>
<td>Friday 24th Feb</td>
<td>College Commencement Mass - 10.00am</td>
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<tr>
<td></td>
<td>All parents are invited.</td>
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<td></td>
<td>Boarders Exeat Weekend</td>
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<tr>
<td>Monday 27th Feb</td>
<td>Year 8 Camp - Group A Quinola Lakes</td>
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<tr>
<td>Wednesday 29th Feb</td>
<td>Year 8 Camp - Group B Quinola Lakes</td>
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<tr>
<td>Monday 5th Mar</td>
<td>Year 12 Retreats</td>
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<tr>
<td>Wednesday 14th Mar</td>
<td>Year 8 Parent/Teacher/Student Meetings</td>
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<tr>
<td></td>
<td>3.00pm - 8.00pm Lennon Hall</td>
</tr>
<tr>
<td>Thursday 29th Mar</td>
<td>Lessons conclude Term 1 3.20pm</td>
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</tbody>
</table>

INVITATION

All Parents and Friends of the College are cordially invited to attend the Commencement Mass for the new Academic Year and the Induction of Student Leaders at Lennon Hall 10.00am on Friday 24th February 2012

Please RSVP to the College Office
Email: reception@sac.qld.edu.au

FROM THE SCHOOL COUNSELLOR

The College now has two Counsellors available to assist students and parents with any counselling needs. We welcome our new Counsellor Joe Cashman, who has extensive experience in a variety of settings as a Clinical Counsellor. Jenny Jensen, with a background in schools and Guidance and Counselling, will continue to be available to assist students and parents.

Both Counsellors work part-time and there will now be a Counsellor at the College for part of the day on most days. Students and parents are welcome to make contact at any time either via email to jcashman@sac.qld.edu.au or jjensen@sac.qld.edu.au or by phoning the College office or direct to 40529135.

Parents and students may be interested in checking out the following website.

The Easy Guide to Socialising Online is now available from the Department of Broadband, Communications and the Digital Economy. The website attempts to explain 26 different social networking sites, search engines and online games. The resource also highlights general safety tips when using social media sites. The site is easy to use and has useful, relevant content. The web address is www.dbcde.gov.au/easyguide

Counsellor Contact: Email: jcashman@sac.qld.edu.au or jjensen@sac.qld.edu.au Ph: 40529135
This week we celebrated our Academic Awards assembly for students who excelled academically and/or had 100% attendance during Semester 2, 2011. It was encouraging to see so many students receiving both attendance and academic awards. Congratulations to those who received awards. This year has commenced in a similar positive vein with there being no student placed on a Thursday detention so far this term. This indicates that, in the main, all boys are on task in class and attentive to their homework requirements.

Good use of the Student Diary is one way to assist with this goal. Students are encouraged to write into their Diary their subjects for each day. Homework should be written beside each subject and if no homework is set the student should write in what revision or other study he plans to do for that subject. A reminder about recommended minimum homework times: Year 8 = 1.5 hours per night (or 15 minutes per subject per night); Years 9 & 10 = 2 hours per night (or 20 minutes per subject per night); Years 11 & 12 = 2.5 hours per night (or 25 minutes per subject per night). Throughout the year the Homeroom teachers will regularly check each student's progress in this area.

Finally, there is nothing that can replace a parent’s encouragement in the area of homework. A regular talk with your son about homework, study and assignments is recommended. Please look at the Diary and expect to see homework written for each subject. If there is nothing written please challenge your son about what he is doing and expect that he will spend the recommended minimum time doing his homework and study.

Mr David Harris
Deputy Principal (Pastoral)

Planning for Assessment

The year is in full swing now and holidays seem a lifetime away already. Mid-term assessment is approaching and many boys at this time may begin to get slightly anxious. Planning your assessment tasks are important in controlling this stress. Here are a couple of tips that may help:

- **Diary** - write down assessment due as soon as you receive it
- **Plan tasks** – break the assessment into manageable pieces: Research; note taking; drafting; final draft
- **Set dates** - aim to have each section (as planned in step above) finished within a set time
- **Revise as you go** – try not to cram the night before
- **Self advocate** – if you don’t understand something ask someone to help - your teacher; a peer; a parent; a friend.
- **Draw up a term plan** and paste it on your study wall at home/in the dorm. Mark down all of your academic and social commitments so they become placed in the context of time.
- **Commit yourself** – plan regular study periods and commit yourself to these times.
- **Rest and eat well** – this allows your body the best chance of being healthy and refreshed.

Your memory will be better and your academic performance greater if you nurture it through rest, nutritional food and reducing stress.

Check out these sites for more information:

- [http://hsc.csu.edu.au/study/exam.htm](http://hsc.csu.edu.au/study/exam.htm)

“By failing to prepare you are preparing to fail.”

Benjamin Franklin
CAIRNS YOUTH ORCHESTRA

Cairns Youth Orchestra (CYO) welcomes new players of all instruments.

Especially flutes, clarinets & trumpets.

Great opportunity to play in an orchestra in concerts in Cairns and beyond.

Please contact Marge Duffy
Phone 40532630 or email kandmduffy@westnet.com.au for more info.

School Japan Trip

Universal Studios, Hiroshima, Miyajima Deer and Monkeys, Big Buddha in Nara, Samurai

workshop challenge and more

Interested? Contact: Miss Catalano on acatalano1@ac.qld.edu.au

Seats still available. Email: Miss Catalano

Tk Titasey in Hollywood.

2012 Captain of Arts, Tk Titasey was last year awarded the Eva Mendes Scholarship which took him to Hollywood where he studied with some of America’s leading movie and TV professionals during the first two weeks of this term. Below is an account of his trip by Tk.

On the 24th of January, 15 students from all over Australia departed from Melbourne International Airport to embark on our journey to compete with the Hollywood Stars. We arrived at LAX at 7:30am with sleepy eyes and an empty stomach. Once everyone arrived, we all put our luggage in the car and drove to our house which was located at Coldwater Canyon, Beverley Hills. At the house, we had minimal time to unpack our luggage, have a shower and have something to eat. Soon we were back in the car and were heading for Hollywood Boulevard. We spent two hours walking up and down the Walk of Fame admiring the engraved stars of famous actors. Before we knew it, we were back in the car heading for the house for dinner. Food was already on the table prepared by the culinary expert, Allie, who came over from Australia to cook especially for us. After a long day, exploring Hollywood, we finished our day with a relaxing spa bath.

At 6:30am we were all woken up for an intensive one hour workout with our personal trainer. After a long workout with knees trembling and arms shaking, we all prepared for our first day of acting with Margie Haber. The next week would consist of a 6:30am wake up and then a solid work schedule. The classes that we attended over the week were amazing and really helpful. We had 3 hour classes of:

- Audition techniques
- Relationship creating
- Bringing out the emotional side
- Vocal classes
- Improvisation
- Working from the heat
- Reading from slices of life
- Film acting

After a long week of acting classes, we concluded with a networking party at the house we were staying at. We met heaps of people, mostly teenagers that have been on Teen Shows like Nickelodeon, iCarly and Hannah Montana. After meeting agents and young stars, we prepared ourselves for Universal Studios... another early wake up with an hour workout. However, it was a sad day for many because it was our last day in LA/Hollywood. We seized every last moment together, going on rides, laughing and enjoying ourselves. The day went so fast that before we knew it, we were all sobbing at the airport saying goodbye to each other. We all expressed our desire come back one day and live in a house together. Special thanks must go to Mrs. Hunt who guided me and encouraged me through the whole application and audition process which helped to me win this wonderful scholarship and experiencing such an unforgettable week.

Tk Titasey - Year 12 Student

Performing Arts Camp: All members of College music ensembles and actors in the College play are expected to attend the annual Performing Arts Camp to be held at Genazzano Camp from March 30 to April 1. This is the Friday and the weekend at the end of Term 1. Letters and Medical Forms will be distributed closer to the event.

Mr Malcolm Cole
This year sees a huge number of changes in Science. We have been fortunate enough to have had one of the labs refurbished. It looks a far cry from the dark and dreary Biology lab that was B8. We are also seeing fourteen new and revamped programs in the College this year. The National Curriculum has meant that the four strands of Science (Biology, Chemistry, Physics and Earth Science) between Years 8 and 10 have had to be altered and I would like to thank the staff for making it a relatively easy transformation. This year has also seen the implementation of Marine and Aquatic Practices and Earth Science into the Year 11 program.

The Department welcomes back both Mr Kersevani and Mr Churchward. Their collective knowledge, wealth of experience and special bonds they form with the students, will benefit us all. New to the Science department is Mrs Oldfield whose experience in Physics is greatly beneficial to our students.

If your son is having any troubles with his Science studies, encourage him to see us immediately. We will organise a tutorial for him before the problem grows. As far as homework is concerned, there is always something to do in Science. Students have assignments, experimental write ups and study, all of which need constant attention.

Please feel free to contact me or your son’s Science teacher if you have any questions or queries.

Mr Richard Bassano - Head of Science
This Boarding Life

The first few weeks in boarding have proven to be both challenging and rewarding for the Saints Boarders with the academic year getting into full swing and the sporting and cultural facets of the College now beginning to occupy the minds of the Boarders. Trials in Rugby League and Sign-on days for Netball and Soccer have kept the boarding staff busy, particularly transporting the students to and from their various sporting venues. The numbers of Boarders who are looking to be involved in the many extra – curricular activities on offer both at school and around Cairns is a reflection of the desire for a balanced and well rounded life amongst the Saints Boarders.

The Year 8 Boarders under the watchful eye of Mr Sullivan (Boys) and Mrs Keilar (Girls) are to be commended for the manner in which they have settled into life at Saints. It is a big step for these young students and they have proven themselves to be willing and able to adopt the routines and structures of the day school and boarding and to enjoy themselves in the free time available during the week and on the Saturday outings for the full time Boarders. Some of them can be seen showing their Roller Blading skills in the photographs included.

In Week 3, thanks to the efforts of Mr Evans and Mr Williamson the Tuesday and Thursday afternoon sporting activities and clubs began. Activities ranging from Volleyball on the Esplanade to Table Tennis and Cooking classes were offered to the students to take part in. The various sports and activities are on a rotation, allowing the Boarders a variety of activities to be involved in on these two afternoons each week. I look forward to displaying photos of this initiative in the coming weeks’ newsletters.

The Port Douglas Country Dinner will be held on Friday 23rd March and more information will become available regarding the venue and event in newsletters and on the College website in the coming weeks. I look forward to the opportunity of meeting with many families at the Country Dinner.

Many thanks to all the families I have been in contact with during the first few weeks of term, your warmth and welcome are much appreciated. Overall we have had a great start to 2012!

Mr Bernard Burgess
Head of Boarding

Mrs Jane Keilar with Maddison Day (Karumba) in Tolles

Annabel Miley (Thursday Island), Taylah Fleming (Weipa), Geena White (Weipa), Tort Maloney (Cape Tribulation), Tracey Clark (Cooktown) and Chantelle Musumeci (Cooktown) preparing for the Boarders Outing on Saturday, Week 2.

Right: Rebecca Nethery (Chillagoe), and Makaela Hockings (Gove) showing their roller blading skills on the Boarders Outing, Week 2.

Mitchell Vest and Darcy Smerdon – Year 8 Boarders providing support to each other at Roller Blading

Marco Rahira (PNG), Broden Beezley (Kowanyama), Ewelu Mene (Warraber Island), James Uta (Freshwater) before Saturday outing roller blading.
**Study Hints**

### Final Draft For Assessment:

Ensure there has been no plagiarism (copying words/ideas straight from a text book)

1. Word processing is highly recommended.
2. Use one side of the paper only.
3. Cleanliness – when completed the assignment must be clean and free from marks and blemishes.
4. Pages should be numbered and sequenced in order.
5. Title Page should include the title of the assignment, name of the writer, name of the subject the assignment is for, name of the teacher, the date the task is due and the length of the assignment.

### Proof Read:

Before submitting your assignment carefully proof read to ensure there are no errors. It can help if someone else reads it for you as well. Finally ensure you keep a copy of all submitted assignments.

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**Work Experience at St Augustine’s College**

Work Experience is a voluntary programme for students, conducted by the College to provide experience of the world of work, in an area in which the student has some interest. It is strongly recommended for students who are uncertain of which industry pathway they may wish to follow. For students studying Engineering and/or Construction in Yrs 11 & 12, it is strongly recommended to do a 10 day period of work made up from time in the allocated blocks.

Boys interested in construction type industries must complete a General Safety Induction Course (White Card). This will be held at the College on Friday 2th March at an approximate cost of $45.00. Work Experience at the College is conducted in two blocks, during the holidays of Terms 1 & 3 of the school year. The policy of the College is that in order to draw upon the student’s motivation and commitment, work will involve time during the term holidays. Students can also choose to involve themselves in one or both blocks.

The dates for the two blocks this year are:

- **Block 1** Monday 2nd April to Friday 13th April (8 days due to Good Friday and Easter Monday)
- **Block 2** Monday 24th September to Friday 5th October (10 days).

If you have any queries regarding Work Experience please contact Mrs Hunt - phone 40529167. Email: nhunt@sac.qld.edu.au.

*Mrs Narelle Hunt*

*Senior Studies Co-Ordinator*
Australian Defence Forces

The Australian Defence Force Academy Education Award is presented annually to Year 12 students in recognition of leadership potential, and academic and sporting achievements exhibited during Year 11. The award comprises of a laptop computer and certificate for you, along with a plaque of recognition for your school. There are up to 100 awards available on behalf of the Navy, Army and Air Force which will be presented to suitable applicants who have applied for entry to ADFA.

Year 12 students must apply by February 28th to be eligible for this scholarship. Application for this award can be made at the Defence offices on Lake Street or by phoning the Defence Force on 131901.

Defence Technical Scholarship

A Defence Technical Scholarship (DTS) is a fantastic opportunity for Year 11 and 12 students, intending to pursue an ADF general entry technical trade career after completing Year 12. The DTS rewards technically-savvy students for staying on at school and enrolling in specific subjects.

Year 11 recipients will receive $2000, paid over two semesters and successful Year 12 students will receive $3000, paid over two semesters. Although there is no obligation to join the Navy, Army or Air Force after finishing school, you will be required to tell us why you are interested in an ADF technical trade career as part of the selection process.


Indigenous Employment and Career Expos

The 2012 FOGS Indigenous Employment and Careers Expos, presented by the Australian Government, are set to provide Indigenous job seekers and school leavers throughout Queensland with the opportunity to connect with a selection of Queensland's most prominent employers, education and training providers, together with a host of former State of Origin heroes, in one place for one day. Permission notes have already been given to all Indigenous students, these need to be returned to the front office no later than Friday March 9th, 2012.
13 Feb 2012

**Important information for Catholic school parents about government funding**

Next Monday (20 February) the Australian Government will release its report of the *Gonski Review of Funding for Schooling*. This report is the first step towards the Government’s plan to introduce a new funding system for Australian schools from 2014 and it could have significant consequences for Catholic schools.

Some of the key facts about funding for Catholic schools are:

- Catholic schools educate 1 in 5 Australian children, yet on average operate with 10% less recurrent funding than government schools, even when parent contributions are taken into account [NB: ‘recurrent funding’ is the money received every year by a school for its day to day operations].

- On average, 53% of Catholic school income is provided by Federal government and 19% by State government, while 28% is contributed by parents and community.

- On average, Catholic schools receive just 73% of the annual recurrent government funding (per student) received by government schools. Catholic schools receive $7,708 per student while government schools receive $10,562 per student.

- Including government funding + parent contributions, Catholic schools have an average annual income of $10,008 per student, while government schools receive $11,132 per student and Independent schools $13,711. (*MySchool* website 2011)

- Through parent and community contributions to schooling costs, Catholic schools deliver savings to Australian tax-payers of around $2.2 billion per year.

The school funding debate should not be reduced to an ‘us’ or ‘them’ argument. The success of Australia’s education system relies on children in all schooling sectors - Government, Catholic and Independent - receiving fair and equitable government support.

Parents and carers are encouraged to take note of the recommendations of the Gonski report and remain vigilant of the school funding policies that will be framed by government and opposition in the weeks that follow.

For further information about funding for Catholic schools please visit [www.fundinginfo.catholic.edu.au](http://www.fundinginfo.catholic.edu.au)

Dr Bill Sultmann
Executive Director
Catholic Education Services

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**CATHOLIC EDUCATION SERVICES NEWS**

**QCEC**

**Catholic Education Services**

**Diocese of Cairns**

**Learning with faith and vision**
SAINTS SPORT NEWS

SAINTS DOMINANT IN REDS PRE GAME

Last Saturday night at Barlow Park saw perfect conditions for the pre season encounter between Super 15 champs, the Queensland Reds and the ACT Brumbies. As a part of this event, the Saints First XV were invited to play the pre game versus Trinity Anglican School. For the second year running both sides put on a fine display of running Rugby.

The Open boys took the field with the correct mindset. They were determined to put on an exhibition of how they can play this game. After some torrid, early exchanges, it was clear Saints were on top. The lads trotted out three quality tries in the first ten minutes, breaking the opposition’s spirit. The torrent of points dried up slightly during the middle stages of the match but the floodgates threatened to open several times as the Saints boys regularly burst through the TAS defence. Saints ended up running out 38-0 victors in a very encouraging sample of what they are capable of this season. They are potentially an excellent Rugby side and Saturday’s performance was a fantastic starting point in what will hopefully be another successful season for the First XV.

On Tuesday, as a part of the Qld Reds visit to Cairns, five members (Greg Holmes, Van Humphries, Mike Harris, Luke Morahan and Albert Ana) visited the College at lunchtime for question time, autograph and photo opportunities. A large crowd of boys filed into Lennon Hall to hear the players talk about their experiences and the commitment needed to make it to, and stay at, the top. It was a wonderful experience for the lads inspiring them to emulate their heroes in red. On behalf of the College, we thank them for their time. Let’s hope the mighty Reds can make it two in a row in 2012!

Mr Toby McCarthy
First XV Coach

Above: Jordan Huggett breaking through the TAS defence.
Left: Sean Squarci charging forward

Saints First XV team met with Qld Red players during their visit to the College on Tuesday
CAIRNS BMX CLUB

Cairns BMX Club will be holding a FREE “Come N Try” Day on Sunday 26th February at their track on Scott Street, Cairns from 9am to noon.

We are inviting all boys / girls / Mums and Dads to come down and ride the track and experience first hand the speed and excitement the sport of BMX has to offer.

Don’t forget to bring your BMX bike / Long Sleeve Shirt and Pants / Shoes and Socks / Full faced helmet and gloves. We have some equipment at the track if you need to borrow some.

First 100 riders who try out the track will receive a free show bag of goodies.

For more information please contact
0412 845 999
or
0419 391 779

SAINTS SPORT

WALTER MAKES IT TWO IN A ROW

Walter House has made history by going back to back for the first time in this year’s Swimming Carnival. On a day bathed in sunshine, Walter lead from the outset and was never headed as it romped home to an 180 point win over its closest rival. In a three way battle for 2nd place, Phelan finished strongly and managed to edge out Reginald who was closely followed by Heavey in 4th place.

Overall Results

<table>
<thead>
<tr>
<th>House</th>
<th>Points</th>
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<tr>
<td>Walter</td>
<td>1947</td>
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<tr>
<td>Phelan</td>
<td>1767</td>
</tr>
<tr>
<td>Reginald</td>
<td>1578</td>
</tr>
<tr>
<td>Heavey</td>
<td>1580</td>
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St Augustine’s is fortunate to have an exceptional group of swimmers and this made for a fiercely contested battle in the ‘Age Champions’ race. The boys lived up to their reputations with the top three in all age groups only being separated by a handful of points. Special mention must go to Adam VanderZant (Open 50m Breaststroke 30.29 sec), Daniel Esposito (16 yrs 50m Butterfly 27.65 sec) and Noah Kresvic (13 yrs 100m Freestyle 1.04.01 ) who broke longstanding College records.

Age Champions

<table>
<thead>
<tr>
<th>Year</th>
<th>First</th>
<th>Second</th>
<th>Third</th>
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</thead>
<tbody>
<tr>
<td>1999</td>
<td>Noah Kresvic</td>
<td>Lachlan Paterson &amp; Jack McMenamin</td>
<td>Dylan Anderson</td>
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<tr>
<td>1998</td>
<td>Hudson Anu</td>
<td>Lachlan Jackson</td>
<td>Nicholas Sibree</td>
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<tr>
<td>1997</td>
<td>Max Fifield</td>
<td>Zygi Holmes</td>
<td>Lachlan McKinstry</td>
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<tr>
<td>1996</td>
<td>Daniel Esposito</td>
<td>Jonah Glasson</td>
<td>Jordan Bromley</td>
</tr>
<tr>
<td>Open</td>
<td>Adam VanderZant</td>
<td>Mason Baty</td>
<td>Cailan Byrnes &amp; Andrew Stott</td>
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In conclusion, special thanks must go the staff of the College who worked tirelessly through the day to ensure the carnival was a success, the kitchen staff who provided morning tea and lunch for all students & staff, the ladies in the front office who assisted with the paperwork for the carnivals organisation and the College prefects who helped organise the day and led by example throughout the carnival.

Mr Matt Walsh
Head of Sport

SIGN ON and INFORMATION DAY

11:00am to 3:00pm
Sunday 26 February 2012
at BARLOW PARK

Enquiries: Shane Watson - 0487 164 960
Email - enquiries@cairnsathletics.org.au
Website - www.cairnsathletics.org.au
Dear Parents and Friends,

You are invited to our special Parents in Touch evening presented by Dr Arne Rubinstein. The topic for the night will be “Parenting, Gen Y and Rites of Passage in the 21st Century”. Dr Rubinstein is the National Coordinator of Pathways to Manhood, a unique program that creates contemporary rites of passage for adolescent boys. He has been working with teenagers since he graduated from The International Institute for Youth Leadership in Jerusalem in 1982. Arne has been involved in Pathways to Manhood since its inception and has been a driving force in its growth.

The overall aim of “Pathways to Manhood” programs is to help the evolution from boys’ psychology to “healthy man psychology”.

It is sure to be an engaging and informative evening, I encourage you to attend.

**Venue:** Lennon Hall

**Date and Time:** Wednesday 22nd February for 7.30pm start

In order to facilitate the evening there will be a charge of $10 per person. Payment must be made to the front office and needs to be finalized by Friday 17th February. Please invite friends and relatives. We are bringing Dr Arne from interstate for this event, so I look forward to a large turnout of parents. I know you will enjoy Arne’s presentation and look forward to you joining us on the night.

With thanks,

Br Bill Sullivan
Principal

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The number of tickets required _________ $ _____ enclosed (being $10 per ticket)

Son’s Name: _______________________________ Homeroom: ___________

Please complete the preferred method of payment details below:

Cash/Cheque made payable to St Augustine’s College
Charge my Credit Card VISA MASTERCARD (please circle)

Card Number: __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ Expiry: _____ / _____

Cardholder Name: ___________________________ Cardholder Signature: ______________________________
RAISING TEENAGERS AND RITES OF PASSAGE
IN THE 21st CENTURY

A special presentation that will change lives.

With Dr Arne Rubinstein, MBBS, FRACGP, nominated for Australian of the Year in 2008 for his groundbreaking work with teenagers and parents.

We live in a world of uncertainty.

What is it that our children really need, and how can we help them find happiness and contentment?

Why do some teenagers strive to achieve their best where others stop communicating and go off the rails?

What can we as parents do to keep our relationships healthy with our children and help them navigate these potentially difficult times?

Why did all indigenous societies have Rites of Passage and are they still relevant today?

This entertaining and informative evening will clearly outline how parents and all those who work with young adults can:

- help them to reach their potential amidst the challenges of the influence of peer group pressure, social networking and the global financial crisis;

- find practical ways to deal with the inevitable conflicts that will arise;

- build strong communication strategies that will be the basis of healthy, lifelong relationships.

Dr Arne Rubinstein has been working with teenagers since he graduated from the International Institute for Youth Leaders in Jerusalem in 1982. He was a general practitioner for 15 years, specialising in adolescent health and emergency medicine. He was the Founding CEO of the Pathways Foundation Ltd and the programs he developed have won multiple awards and run in five Australian States, as well as in England and Israel. Dr Rubinstein delivers programs and seminars nationally and internationally. He is recognised as an expert in the field of Rites of Passage and working with teenagers.